

WELCOME TO THE 24th ANNUAL TOM KING 5K RUN/WALK



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SCHEDULE

- 7:55 A.M. WHEELCHAIR START FOR HALF MARATHON
8:00 A.M. HALF MARATHON START
Course closes at 11:30 a.m. - NO JOGGING STROLLERS
8:15 A.M. 5K RUN/WALK

9:00 A.M. FREE BREAKFAST BUFFET & AWARDS FOR 5K
11:00 A.M. AWARDS FOR HALF MARATHON

COURSE INSTRUCTIONS

WATER STOP: ON 5K - JUST PAST HALFWAY POINT
BATHROOM: AT STADIUM

THE 5K COURSE INITIALLY TAKES YOU AROUND THE STADIUM, OUT DAVIDSON TO TURNAROUND AND RETURN TO STADIUM. **KEEP LEFT.** PARTICIPANTS WITH JOGGING STROLLERS AT REAR.

YOUR ASSIGNED RACE BIB HAS THE TIMING STRIP AFFIXED TO THE BACK OF THE BIB. DO NOT REMOVE!

YOUR BIB MUST BE WORN ON THE FRONT AND VISIBLE FOR SECURITY PURPOSES, AND ALSO TO RECORD YOUR OFFICIAL RACE TIME AND BE ELIGIBLE FOR AWARDS.

YOU DO HAVE TO BE PRESENT AT THE AWARDS PRESENTATION IN EAST STADIUM CLUB TO RECEIVE AN AWARD.

Results & photos: Go To NASHVILLESTRIDERS.COM



HAVE FUN AND COME BACK NEXT YEAR!



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